



July 13, 2015

DIVISION MEMORANDUM

No. 32 , s. 2015

**3-DAY LIVE-OUT DIVISION TRAINING-WORKSHOP ON COACHING
AND OFFICIATING IN SELECTED SPORTS EVENTS**

**To: Public Schools District Supervisors
Elementary and Secondary School Heads
Training Coordinators and Coaches**

1. In pursuit of achieving Excellence in Sports, the Ligao City Division will conduct a 3-Day Live-Out Division Training-Workshop on Coaching and Officiating in selected sports events at the Division Office Training Center on July 30, 31 and August 1, 2015.
2. The training-workshop aims to:
 - Update the coaches and officials on the latest trends, rules and regulations in the different sports disciplines
 - Upgrade the competence in coaching and officiating of our coaches and officials
 - Select potential coaches and qualified officials for Palarong Bicol
3. Expected participants to this activity are the Training Coordinators and Coaches of the different sports events as well as the Sports Coordinators of all elementary and secondary schools of this Division. Participants are required to be in sports attire.
4. A registration fee of three hundred pesos (300. 00) will be charged each participant to defray the cost of training venue, honorarium of speakers, certificates and other incidental expenses. Foods of participants shall be charged against the Financial Assistance Funds for the conduct of Pre-Regional Meets.
5. Attached are the list of Coaches, Facilitators/Trainers and Schedule of Activities.
6. For information, dissemination and guidance of all concerned

3 DAY LIVE-OUT DIVISION TRAINING-WORKSHOP ON COACHING AND OFFICIATING IN SELECTED SPORTS EVENTS

Division Office Training Center

July 30, 31 & August 1, 2015

SCHEDULE OF ACTIVITIES

Time	Day 1	Day 2	Day 3
7:00 – 8:00	Registration of Participants	Physical Fitness	
8:00 – 9:00	Opening Program	Lecture/Demonstration (All Events)	Practicum
9:00 – 10:00	Orientation & Groupings by Event		
10:00 – 12:00	Lecture/Demonstration (All Events)		
12:00 – 1:00	NOON BREAK		
1:00 – 5:00	Lecture/Demonstration (All Events)		Assessment, Clearing House & Closing Program
Officer of the Day	Mrs. Lourdes S. Morales PSDS	Mrs. Emy G. Quiobe PSDS	Mr. Alex Alano PSDS

List of Facilitators/Trainers

Events	Facilitators/Trainers	School
Athletics	Joel Barasona	Barayong NHS
	Santos Magno Jr.	
Archery	Sherwin Magayanes	Palapas NHS
	Maila Timog	LECS-ALS
Arnis	Arlene Cenita	LWCES (P)
	Jesus Manga	LNHS
	Ardan Cenita	
Badminton	Yuji Cipriano	LWCES (B)
	Ali Sario	Barayong NHS
Boxing	Luis Hermillo Cleofe	Barayong NHS
	Marlon Brinas	
Chess	Mylene Orbase	Nabonton E?S
Gymnastics		
RG	Marian Vivian Alejandre	LWCES (B)
	Rushel Ruivivar	LNHS
MAG	Ronnie Carillo	LWCES (B)
Tennis	July Gonzales	DO
	Glen Saunar	
Table Tennis	Eric Navia	Paulba NHS
	Gerald Nunez	
Volleyball	Almond Liza	Cabarian NHS
Taekwondo	Chona Rebibis	LWCES (B)-ALS
	Bernie Ferrer	
Swimming	Raynund Estrellado	LNHS
Basketball	Ronnie Carillo	LWCES (B)
Baseball/Softball	Sherwin Olmedillo	Pinamaniquian E/S
	Roselyn Rempis	Oma-Oma NHS

Tentative Members of Sports Training and Coaching Team SY 2015-2016

Athletics:	Mr. Jigger Ranosa Mr. Joel Barasona Mr. Sandy Roca Mrs. Josefina Republica	Mrs. Wilma Dimasayao Mr. Deo Prelligera Mrs. Celeste Garcia Mrs. Valerie Tendenilla
Arnis:	Mrs. Arlene Conita Mr. Perfecto Asis	Mr. Alfons Jayson Pelgone Mrs. Melinda Olivares
Badminton:	Mr. Yago Cipriano	Mr. Ali Sario
Boxing :	Mr. Luis Hermilo Cleofe	Mr. Joseph Marcaida
Chess:	Mrs. Mylene Orbasc	Mr. Jerry Penafiel
Gymnastics:	Mrs. Ma. Vivian Alejandro Mrs. Brenda Lee Mrs. Filipinas Cagnayo Mr. Ronnie Carillo	Ms. Rushel Ruivivar Mr. Benzon Carinaga Mrs. Margarita Aycocho Mr. Ryan Prieta
Tennis:	Mr. July Gonzales	Mrs. Rowena Alimon
Table Tennis:	Mr. Eric Navia Mr. Joseph Merga	Mr. Luis Munoz
Volleyball:	Mr. Almond Liza Mr. Rey Cano	Ms. Lovelina Navia Mr. Jed Adra
Taekwondo:	Mrs. Chona Rebibis	Mr. Eugene Olmedillo
Baseball:	Mr. Sherwin Ondevilla	Mr. John Concepcion
Softball:	Mrs. Poselyn Rempis	Ms. Christine Olivares
Swimming:	Mr. Raymond Estrellado	Mrs. Marian Boquiron
Billiard:	Mr. Almond Liza	
Archery:	Mr. Eugene Magayanes	Ms. Myla Timog
Basketball:	Mr. Ronaldo Carillo	